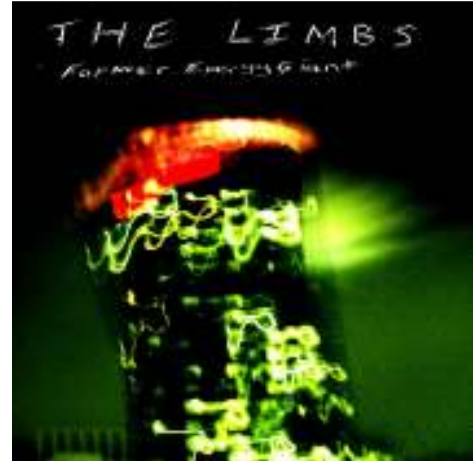


# THE LIMBS

Seattle, WA

Seattle, WA's, *The Limbs* began in January 2004 by Starfield Screensaver (Matt Hanrahan) and Mr. Automatic (Mike Peter) after the ruin of their former bands *27 Years* and *Society Club*. Responding to their inner muses Starfield moved from drums to singer / guitar man, while Mr. Automatic moved from bass guitar to drums. Resurrecting his former Botulism Music (Athens, OH label) ego, Jack Crackerbarrel, Starfield and Mr. Auto based their "spaz rock" sound on Jack's Botulism Hit "All Day Long (the Doggie Gone)". Starfield called upon former *Yeah oh Hell Yeahs* band-mate Pants (Tyler Jensen) to fill out the rhythm section on bass guitar. After several attempts at adding a third guitar player, *The Limbs* discovered the perfect "spaz rock" sound they were looking for as a three piece powerhouse.

*The Limbs* debut release "Former Energy Giant" is the result of two years of fine-tuning and tweaking of their signature "spaz rock" sound. *The Limbs* renounce the all too common "seriousness" of many musical acts, instead embracing an all-out love of the music that shines through as the pure exhilaration heard on "Former Energy Giant" as well as in their live performances. Loud and at some points, affectionately obnoxious, "Former Energy Giant" strikes on themes ranging from love and social frustration, to technology and the way the world looks to a canine. Although uniquely dissimilar, listeners have referenced such ground breaking bands as *The Talking Heads* and *The Pixies* in attempting to describe *The Limbs* unique sound. As a self-produced recording, "Former Energy Giant" gives the listener an unobstructed window into *The Limbs* "spaz rock" ideology. With the blinds drawn, one sees a clear vision of *The Limbs*, unmolested by the thumbprint of outside producers and engineers, who are un-intoxicated by the "spaz rock" insurgency.



**"Former Energy Giant"**  
-demo version

### Track Listing

1. **Five-Four**
2. **Fascinating Recreation**
3. Talk Person
4. **All Day Long (the Doggie Gone)**

(**BOLD** = suggested track)

### CONTACT

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